

Preschool & Parent Playgroup 4 - 5 year olds

A fun and educational program to develop school readiness skills for children aged 4 - 5 years

The program involves parents and includes a variety of activities stories, language, music as well as arts & crafts
Children are asked to bring along a piece of fruit and a drink
Tea & Coffee are provided for parents

CONTACT : 4341 9333
TIME : 12:00 - 2:00 pm Tuesday

Occasional Care



Professional and quality licensed child care for children from 6 weeks up to 6 years of age
Each child is cared for as an individual
Programs include indoor & outdoor play
arts & crafts, language and stories

BOOKINGS ARE ESSENTIAL
(from as little as 1 hour up to 6 hours per day)

CONTACT : 4343 1001 or 4341 9333

Cost is available on application
TIMES : 9:00 am - 3:00 pm Mon - Fri

Playgroup



A social morning for parents and children alike
Craft - Stories - Games - Music

Co-ordinator in attendance to assist with all activities

CONTACT : 4341 9333

COST : \$5.50 per family or \$6.50 for non members

TIMES : 9:00 - 11:00 am Tuesday & 10:00 - 12:00 pm Wednesday

Family Day Care

Home based care for small groups of children
6 weeks to 12 years of age
Available 7 days a week with flexible hours

CONTACT : 4341 9681

Child Care Benefits are available for eligible families
please contact Centrelink for full details

Gosford Supported Playgroup

Our supported playgroup provides a welcoming and friendly environment for families

CONTACT : 4340 1111
TIMES : 9:30 - 11:30 am Monday

Indian Dance for Kids

Specially designed classes for preschool and school aged children, bollywood, classical and folk.

CONTACT : Jita 0404 658 810
TIMES : 9:30 – 10:15 am Friday and 3:45 – 4:30pm Mondays
COST: \$6.00



Pre and Post Natal Exercise

CONTACT: Rhiannin 0401 195 688
TIMES: 9.30am – 10.30am Saturdays

Mum & bub Flow Yoga/core strength

Contact : Alice 0401 195 688
TIMES: 9.30am – 10.30am Tuesdays
www.embodybalance.com.au

Kindy Gym on Fridays

A fun environment with parental participation that promotes self discovery and individuality while developing balance and motor co-ordination.

A visual, tactile and oral experience.

The sessions cover a different theme each week.

COST : \$6.00 or \$7.00 for non members

TIMES

9:15 - 10:15 am [0-3 yrs] & 10:20 - 11:20 am [3-5 yrs]

Peninsula Dance & Theatre School

Classes for all ages and degrees of skill , from 3 years to adult

Tap, Jazz & Classical Ballet, RAD, Funk/Hip Hop, Drama and Performance.

New day time classes: Baby Ballet and Jelly Jazzers

CONTACT : Rowena Fitzgibbon 0421 759 729

COST : from \$7.00

TIMES : Mon - Fri afternoons from 3.15 pm

Wednesday 10am and Thursday 10.30am

Woy Woy Physical Culture Club

FUN FOR BABIES & MUMS

Physical Culture is a jazz-dance exercise activity which aids in flexibility co-ordination and deportment for children over 3

Our highly qualified teachers use both team and individual involvement to promote self confidence, balance, rhythm and musical interpretation.

CONTACT : Robyn Stephen 4344 4924

COST : Preschoolers \$4.00 ~ Children \$4.50 ~ Ladies \$5.50

50 cent surcharge for casual class payments

\$1.00 surcharge for non-members

TIME : Mon (from 4pm) & Wed 3:30 - 9:00 pm & Tues 7:15 - 9:15 pm

Littlekickers

Football training for kids from 2 years to 5th birthday

Learn new skills, keep fit and love every minute of it!

CONTACT : Daniel Kelland 4329 2829

TIMES : Thursday mornings from 9:00 – 11:00 am

ACTIVITIES & SERVICES FOR CHILDREN

UNDER 5



Peninsula Community Centre

93 McMasters Rd. Woy Woy

Ph.4341 9333

Email : pcc@pccinc.com.au

Website : www.pccinc.com.au

Registered Charity # CC19624



Community Engaged - Community Driven

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