

Peninsula Dance & Theatre School

Classes for all ages and degrees of skill - from 3 years to adult

Tap, Jazz, Modern, Hip Hop/Funk, &
Classical Ballet, RAD, Singing & Drama

New classes in

Guitar, yoga, strength/stretch/technique and choreography

CONTACT : Rowena Fitzgibbon 0421 759 729

COST : from \$7.00

TIMES : Mon – Fri from 3.15pm and Sat from 9am

Woy Woy Physical Culture Club

FUN FOR EVERYONE

Physical Culture is a jazz-dance exercise activity which aids in flexibility
co-ordination and deportment

Our highly qualified teachers use both team
and individual involvement to promote

self confidence, balance, rhythm and musical interpretation.

CONTACT : Robyn Stephen 4344 4924

COST : Preschoolers \$4.00 ~ Children \$4.50 ~ Ladies \$5.50

50 cent surcharge for casual class payments

\$1.00 surcharge for non-members

TIME : Mon 4:00 – 9:00 pm & Wed 3:30 - 9:00 pm

Kempo Karate

Classes for all ages - Zen Bu Kan Kempo Karate

“A Positive Way of Life”

Learn combined skills in self defence - kick boxing and ground fighting

COST :\$8.00 First class is free

TIME : 4:30 - 6.30pm Wednesday

5:30 - 7:00 pm Friday

Womens Self Defence Classes

Cardio/keepfit Classes

Register your interest now

CONTACT: Marco 0407 752 411

The Web

Group Activities for 12 - 18 year olds

Support Workers available to help young people and their families
with day to day issues and problems

CONTACT : Renee Moxom 0414 511 841

TIMES : Closed Mon 2:00 - 5:00 pm Tues 2:30 - 6:00 pm Wed & Thurs
2:30 – 8.00 pm Fri Closed Sat

Other Web Services Available

Job Search training and careers advice 10:00 am - 12:00 pm Wed

Free Clinic from 4:30 pm Friday

A Drug & Alcohol Counsellor is also available

Belly Dancing for Kids

Have loads of fun while getting fit and making new friends

CONTACT : Kelly Byrne 4341 7333

TIME : Tues 4:30 pm

Indian Dance for Kids

Specially designed classes for preschool and school aged children,
bollywood, classical and folk.

CONTACT : Jita 0404 658 810

TIMES : 9:30 – 10:15 am Friday and 3:30 – 4:15pm Mondays

COST: \$6.00

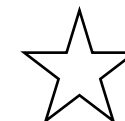
Adore Music

CD Launch Project

On going coaching and artist development
ages 6 - 15 years. Call for audition details

4:00 – 5:00 & 5.00 – 6.00 pm Thursday, 10 week course \$200

CONTACT : Steve or Hugette on 4341 6926 or 0418 442 634



BEFORE & AFTER SCHOOL CARE

A program providing quality care for infants and primary school children
Our mini bus takes children to and from school. Afternoon tea and activities
are provided in a homely atmosphere.

BOOKINGS ARE ESSENTIAL

WOY WOY - Ph. 4344 3018
Hours 6:30 - 9:00 am 2:30 - 6:30 pm

GOSFORD - Ph. 4324 5675
Hours 7:00 - 9:00 am 2:30 - 6:30 pm
[6:30 am by arrangement]

ERINA HEIGHTS - Ph. 4365 4746
Hours 7:00 - 9:00 am 2:30 - 6:30 pm
[6:30 am by arrangement]

POINT CLARE - Ph. 0409 787 844
Hours 7:00 - 9:00 am 2:30 - 6:30 pm
[6:30 am by arrangement]

Vacation Care

Operates during school holidays from 3 locations.

WOY WOY - GOSFORD – ERINA

Children enjoy a range of exciting activities and excursions

BOOKINGS ARE ESSENTIAL

Ph. Emma Gilby 0414 511 839
\$48.00 per day 7:00 am - 6:30 pm
Childcare rebate is available through Centrelink

Drumbala - Drumming for Kids

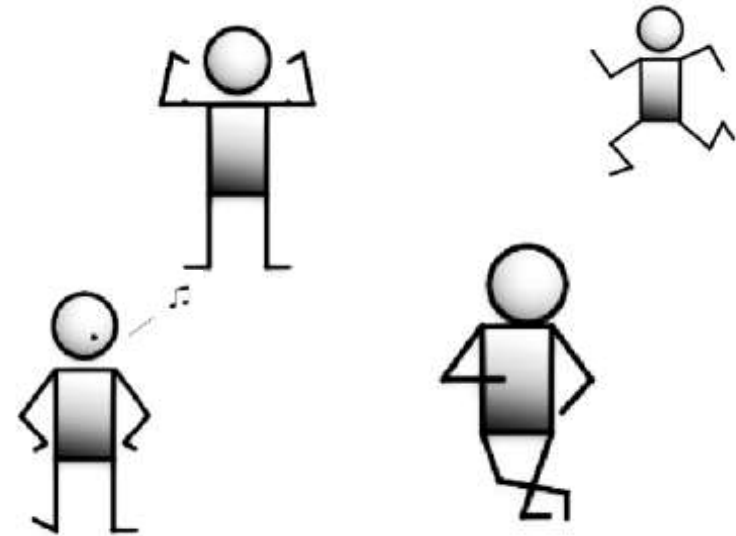
Have fun with an African Hand Drum
for ages 6 - 12 years

CONTACT : Warren or Katy on 0423 548 540 or 4342 1112

COST : \$8.00

TIME : 4:30 - 5:30 pm Thurs

ACTIVITIES & SERVICES FOR TEENAGERS & CHILDREN



Peninsula Community Centre
93 McMasters Rd. Woy Woy
Ph.4341 9333
Email : pcc@pccinc.com.au
Website : www.pccinc.com.au

Registered Charity # CC19624



Community Engaged - Community Driven

AUGUST 2010