



**Peninsula  
Community  
Centre Inc.**  
Reg'd charity no: CC19624

# The Web Youth Service

## Alcohol and Other Drugs Project

Funded by Commonwealth Dept of Health and Ageing  
93 McMasters Road, Woy Woy NSW 2256 P.O. Box 512 Woy Woy NSW 2256

Email webyouthad@bigpond.com  
Phone 02 4342-7640  
Fax 02 4342-3914



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## ADOLESCENT PRIMARY HEALTH UNIT (YOUTH HEALTH SERVICE)

### Aims

- To support Central Coast GPs provide general medical services at Youth Centres to high risk young people in a youth-friendly, non-judgemental environment.
- To support Youth Centre youth workers refer and triage adolescents with health needs to the Youth Centre GP Clinics.
- To facilitate referral processes between Youth Centre GP clinics and other health/youth related services.

### Brief Description of Service

The Adolescent Primary Health clinics were funded by CCH (Central Coast Health) as a 6 month project in 2002 to increase access of young high risk and homeless adolescents to GP services. The clinic were established at a high attendance Youth Centre: **The Web Youth Service** (located within the Peninsula Community Centre, Woy Woy) on Friday evenings. Three Central Coast GPs agreed to conduct a 4 hour clinic once a week on a rotating roster basis. These GPs were supported by a Clinical Nurse Consultant who conducted joint consults with the GPs and a senior youth worker from the service who referred and triaged young people into the clinics. The project was highly successful and is now a permanently funded service of CCH Youth Health Service.

### Benefits for Clients

- Convenient and easy access to GP services
- Drop-in clinic - no appointment needed (can play computer games etc while waiting)
- Bulk billed for GP, pathology and radiology services
- Free medications (often dispensed on the spot)
- Relaxed, non-threatening and non-judgemental consults
- Confidentiality and rights of young person to medical services upheld (with provision of client's informed consent)

### Benefits for General Practitioners

- Specialist nursing support to young people
- Youth worker support, in youth environment
- Upskill in communication and health issues relating to young people
- Increased understanding of youth related services and referral processes

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*Community Engaged ~ Community Driven*



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### Who is this service for?

Young people between the age of 14 –18 years in the Peninsula areas. In particular this service targets homeless, marginalised or high risk behaviour adolescents who do not have a GP or do not have the confidence, skills or means required to access GPs.

Young people can access assistance around a range of health issues including: mental health; drug and alcohol; sexual health; contraception; unplanned pregnancies; immunisation and general medical services.

### How to refer

Either contact Adolescent Primary Health nurses at Youth Health on (02) 4356 - 9333 or the co-ordinator of The Web Youth Service. Or clients can self refer by attending the service and speaking to a youth worker (specific details of medical issues do not necessarily need to be given to the youth worker. Client cases are not discussed with youth workers and youth workers do not have access to client files. However, youth workers are able to assist with referral and can advocate on behalf of the young person if the young person requests this assistance).

### Referral for out of area or age range

Young people who are older than 18 years or who do not live on the Peninsula area can only access this service on a case by case basis with The Web Youth Service co-ordinator or negotiated through the Clinic nurses.

### Staff Contact details and further information:

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Helen Tizard, Registered Nurse  
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Youth Health Service  
Wyong Central Community Centre  
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