



TERM 2

PENINSULA COMMUNITY CENTRE

NEWS FROM THE CENTRE

APRIL-JULY 2010

What's new for term 2 ?

We have already had an excellent response to our newest activity - **Zumba Fitness**. This fun activity is a great way to get fit and have fun learning moves to Latin Music. Classes are held Thursday nights in the hall at 7 pm. First class free, and then \$10.00 per class. Call Kate on 0409 247 919 or just turn up!

A great low cost course is on offer this term from Central Coast Community College. **Reading, Writing and Spelling for Adults** is a funded course so it only costs \$25.00 for the whole term!! The small friendly classes are suitable for all levels of skill and can also help you to enhance your existing skills. Classes will be held here at the Centre on Monday evenings starting May 3rd for 8 weeks. Call Kerry to enrol on 4348 4336. HURRY! Only a few places left at time of writing!

Great News—Pre and Post natal exercise classes starting soon on Saturday mornings!! Call Rhiannin 0410 467 179.

Our last exciting new activity is Cake Decorating classes. Local Chef Mina will be hosting all of her classes on Weekends—with one class specialising in cooking with chocolate!! Small class sizes are guaranteed to ensure lots of personal tuition. Call Mina on 0407 225 115 .

For your convenience we have attached our current timetable of all Activities and Services to this newsletter.

Enjoy your Centre.

TERM 2, 2010 PENINSULA COMMUNITY CENTRE NEWSLETTER!!

Welcome back everyone. We hope you are enjoying the lovely Autumn weather and are settling back into the rhythm of the new Term. An especially warm welcome to any new users or visitors of the Centre.

The Easter break was a great chance to rest and recharge for many of our activities – especially our 0-5 and after school activities, but the Centre remained busy with a variety of activities and programs continuing as usual including the Bridge Club, Scrabble group, Yoga, Weight Watchers, Ladies Physical Culture, Occasional Care, Vacation Care, Counseling, Stroke Support group and quite a few others. For a complete listing of all of our current activities, please refer to the timetable attached to this newsletter.

Now is the time to enrol for any one of the excellent Term 2 Courses held right here at our Centre .

Central Coast Community College

PH: 4348 4300 : Spanish Level 3 and 4, Beaded Jewellery, Reading, Writing & Spelling for Adults, Spirituality for beginners, Kinesiology, Cardio/Cabaret exercises, Short Story Writing).

Tuggerah Lakes/Kincumber Community College

PH: 4369 1187 (Improve your Maths, Italian ,Spanish for Travel, Christianity explained).

U3A (over 55's): PH 0408 704 701. Intro to Psychological Disorders, Discussion Group.

PENINSULA COMMUNITY CENTRE

93 McMasters Road
PO Box 512 WOY WOY NSW 2256
Phone: 02 4341 9333 Fax: 02 4342 4947
Email: pcc@pccinc.com.au
Website: www.pccinc.com.au

Just some reminders about Safety In the Centre .

We all need to be aware of the safety and comfort of all members of our community who attend our Centre. So, we all need to observe some simple rules:

No smoking anywhere in or around the Centre. Smoking is only allowed in the car park entry across the road from the Centre .

Please kids - NO playing on the front steps

- as this is close to passing traffic and too far away from supervision!!! The gated grass area near dance is much safer and is accessible from inside the Centre.

Remember: NO bikes or scooters to be ridden in the Centre at any time.

Please observe the 5km speed limit on the road around the Centre and in the car park .

Parking. Please park only in designated parking areas and do not park in the drop off zone at the front of the building. Please remember- No parking in the Community Preschool at any time as these spots are designated for staff and parents from the preschool. We ask that you observe signage in the car park and only holders of RTA Disabled parking passes should use these allocated spots.

Noise. Most afternoons and evenings are very busy so excessive **noise** can interrupt or disturb our activities. We ask all who attend the Centre to consider others and to keep loud noise to a minimum.

A note to all parents: When dropping your children to an activity - for their own safety - please ensure that the activity is definitely on and the teacher is in attendance. When picking your child up they must wait inside the Centre glass doors or with their teacher if you are running late. On some afternoons and evenings the Centre may not be as busy and we need to ensure that:

ALL children are safe at ALL times.

More News and Info

Rooms For Hire

Did you know we have rooms for hire here at the Centre? All at very reasonable rates. Rooms suit meetings or training for 2 people up to 350 people! We also have facilities such as whiteboards, projectors, pa systems, screens and data projectors. All rooms are air conditioned.

We also hire our main hall for family celebrations, weddings, birthdays and community events. We recently hosted an Engagement party with over 215 family and friends attending!!!

The hire fee includes use of the air conditioned hall, tables, chairs, crockery, glassware, cutlery, use of our commercial kitchen and it's facilities and rubbish removal.

Talk to the friendly staff in the Front Office for help planning your big event—or call us on 4341 9333.

About Us

A little bit of info about the Centre: The Peninsula Community Centre Inc is a not for profit Community based local group who not only run your Community Centre, but also the Web Youth Centre, Aged Care and Disability Services, Before and After School Care and Vacation Care Centres all over the Coast, Occasional Childcare (here in the Centre) and Family Day Care. We also have a Problem Gambling Service which runs from our Centre and sites all over the Coast. The Community Centre building was constructed by Gosford Council to whom we pay a semi-commercial lease to use the building each month.

The PCC motto is:

**Community Engaged -
Community Driven.**

We aim to serve our local Community and provide them with opportunities to meet one another, to have fun, to learn and to feel welcome.

In Focus

Mad Monday Cooking and Craft (MMCC) is held every Monday from 11.15 am here in the Centre in our multi purpose room. This amazing group assists young (and some older) adults with disabilities to engage and socialise with their peers, have fun learning cooking skills, play games and share a meal. We also occasionally organise outings.

We are currently looking at expanding this activity and ask members and visitors of the Community Centre to please pass on the information about this group to any friend or family who may like to join our wonderful MMCC group.

Please speak to Front office staff or call 4341 9333 for an enrolment form.

Contact Us

For any enquiry, please feel free to talk to Front Office staff.

If the Office is closed when you are attending your group or activity, please just slip a note in our window, or call us Monday to Friday on 4341 9333, 8.30 am to 4.30 pm.



Alternatively you can email us direct at: pcc@pccinc.com.au or check out our website at: www.pccinc.com.au

We look forward to hearing from you!!
Michelle - Centre Coordinator
Centre Staff: Louise and Daryl
and Volunteers Ron, Doug, Jude and Brian.